

NOTTINGHAM GROWING NETWORK

SEPTEMBER 2016

NGN is the new free group that links community growing groups with an interest in gardening with respect and care for the environment in their community. Evolving from the Garden to Plate Network, we aim to help showcase good practice and provide training to guide groups in growing in a way that improves the environment, as well as helping to link projects and groups to provide mutual support.

Membership of the network is open throughout the Nottingham and surrounding area. We're linking with Federation of City Farms and Community Gardens as the local network to support local organisations – both members and non-members of the Federation of City Farms and Community Gardens: www.farmgarden.org.uk

The organisations are a combination of charities, social enterprises, with and without paid workers. Some are focused on the local community, others on area of interest. Many of the organisations have eco-buildings which are available to hire. Partnership working, volunteer opportunities and events open to the general public feature strongly. Nottingham Growing Network meetings are also attended by a representative of the Nottingham City Council's parks section and some freelance workers active in the sector.

If you are interested in joining Nottingham Growing Network, or would like to find out more, contact Lynn Taylor Tel: 0796 016 4448 email: lynn@farmgarden.org.uk. Alternatively use the information below to contact organisations direct.

Arkwright Meadows Community Gardens



Kirby Gardens, Off Wilford Grove, The Meadows NG2 2HZ. Ten minutes walk from Nottingham railway station or NCT bus no 11 or 48.

Tel: 0115 986 7777 email: gardens@amcgardens.co.uk web: www.amcgardens.co.uk

Low cost, organically grown produce (that customers can pick fresh with staff) for sale. Eco-building including training room and kitchen. Full wheelchair access throughout including toilets. Poly-tunnel, traditional Tandoor oven, children's play and picnic space, bees and hens. Volunteering, training, events, yoga. See website for opening times.

Charity with voluntary management committee made up of local residents. Main area of benefit: Meadows residents. Aims: HEART Health and Horticulture, Education, Activities, Recreation and Training.

Bulwell Forest Garden

Austin Street, Bulwell, Nottingham, NG6 9JU

Email: admin@bulwellforestgarden.co.uk web:

www.bulwellforestgarden.co.uk



Bulwell Forest Garden is a community food growing project, managed by a team of local volunteers, producing organically grown fruit and vegetables to local residents for a small donation. We also provide educational workshops, environmental play sessions, and community health and wellbeing events for people of all ages, increasing people's access to healthy food and exercise. Main focus is on local residents, but the gardens are open to anyone. Facilities include community beds, individual plots, outdoor kitchen and community orchard.

Dig In Community Allotment

Albany Allotments, Pasture Road, Stapleford, Nottingham, NG9 8HZ.

Tel: 07943 700302 email: enquiries@diginstapleford.org.uk web:

www.diginstapleford.org.uk

Blog: www.digincommunityallotment.blogspot.co.uk



Volunteer led project. It offers lots of planting space, knowledge, experience, and the opportunity to get growing together in a friendly and helpful environment. It is open to all and it is completely free; all the tools, seeds, and everything you need to get gardening are provided, whatever your age or level of ability. Volunteer sessions Wednesdays and Saturdays 10am-12 noon.

Ecoworks

St. Ann's Allotments, Nottingham NG3 3LH.

email: info@ecoworks.org web: www.ecoworks.org.uk



Ecoworks provide environmental, educational and health promoting activities for excluded groups in Nottingham. Ecoworks Community Garden provides therapeutic opportunities in food growing and outdoor crafts, predominately but not exclusively to mental health service users. It hosts Nottingham's first Straw Bale building and permaculture gardens.

The Supershed Project (eco-design, green build, maintenance and more), starts on 20 September and is every Tuesday 10- 3pm. Dig and Dinner – for St Anns' residents, Thursdays 10-4pm.

Email hello@ecoworks.org.uk

Green's Windmill Garden

Windmill Lane, Sneinton, Nottingham, NG2 4QB

Tel: 0115 915 6878. email: greensmill@nottinghamcity.gov.uk

Web: greensmill.wordpress.com Also find us on Facebook and Twitter @Greensmill.



The new community garden extends the education facility of the adjacent working windmill. Growing traditional organic allotment produce, plants and range of grains to demonstrate the process of bread production. The space has a Victorian greenhouse and brick built summerhouse. Regular volunteering sessions on a weekly basis on a Friday morning, attracting anyone local who is looking to get some gentle outdoor exercise coupled with learning a few new skills and meet new people. Other visitor groups are welcomed.

Nature in Mind

The Burrows, 40 Forest Road, Nottingham, NG7 4EQ

Tel: 0115 970 9591

Email: natureinmind@frameworkha.org

Web: www.frameworkha.org/framework_near_me/1441_nature_in_mind



Nature in Mind is a specialist service from Framework. It draws on the unique capacity of nature to restore and improve mental and physical health. We offer a range of opportunities to take part in activities related to nature, as part of a small supportive group. You can apply to Nature in Mind if you live in Nottingham, are over 18 and have a mental health problem such as depression or anxiety, and would find it difficult to access nature without support. It is not necessary to have a formal diagnosis. Doctors and health professionals can also refer patients to a series of taster sessions on the benefits of nature to help them find out more about how this can improve mental well-being. To take part in Nature in Mind, ask your support worker, health professional or doctor to complete our referral form, or you can complete it yourself if you wish.

Nottingham Organic Gardeners & Demonstration Allotment

Whitemoor Allotments, Wilkinson Street. Nottingham, NG8 5FL

(Short walk from Wilkinson Street tram stop.)

Email: nottinghamorganicgardeners@gmail.com web: nottinghamorganicgardeners.com



Gardening days alternate Mondays and Saturdays. The garden on Whitemoor allotments is a focus for NOGs activities and a venue for summer meetings and socials. Demonstrating a range of ways of growing organic food and plants, taking part in growing trials and trying different methods of organic gardening. Members and local volunteers without a garden or allotment are taking part in food growing and we welcome anyone with any experience of gardening. Open to visitors by arrangement. Eco-building, accessible toilet.

STAA & St Ann's Community Orchard

St Ann's Allotments Visitor Centre, 121 Ransom Road, Nottingham, NG3 3LH.

Entrance on Ransom Road. Bus no. 42.

Tel: 0115 958 9255 email: info@staa-allotments.org.uk web: www.staa-allotments.org.uk



Community Orchard activity days open to visitors 11am-4pm on the third Sunday of each month. Compost loo, fire pit, pizza oven, three ponds, 100+ fruit trees. The site is available for hire by groups and individuals, when not in use by project.

Heritage tours are available of St Anns Allotments (March to October) – from the Visitors Centre (see website for more details and opening hours). Plant sales and light refreshments.

Many volunteering opportunities through STAA – Urban Nature/conservation, heritage display gardens, site maintenance, general horticulture, heritage and tour guides, etc.

St Anns Allotments Visitor Centre is available to hire. It is fully accessible with kitchen facility and two flushing toilets (one fully accessible). Large straw bale building on Community Orchard also available for hire.

Main focus is on plot holders on St Ann's allotments, families and children from local schools at the community orchard. Otherwise, City wide and beyond.

Stonebridge City Farm

Stonebridge Road, ST Anns, Nottingham, NG3 2FR

Tel: 0115 950 5113 email: info@stonebridgecityfarm.com web: www.stonebridgecityfarm.com



Free to visit and open every day. Attractions include animals, both big and small; gardens and polytunnels growing fruit, vegetables and herbs, amenities include education centre, café, toilets and a shop in which eggs, honey, plants and vegetables from the farm are for sale. Volunteering opportunities: working with animals, growing produce and more. Supported placement programme. Disabled access. City wide and beyond provision.

Summerwood Community Garden

Summerwood Lane Allotments, Clifton, Nottingham, NG11 9DR

Tel: 07816036084; email: contact@summerwood.org.uk
web: www.summerwood.org.uk



Aims to encourage and enable residents, groups and organisations from the local community to become involved in the cultivation of organic fruit and vegetables. Focus on health, exercise and the environment. Outdoor cooking facilities, apiary, wildlife pond and orchard. All weather structure under construction for winter 2016. Open days and events open to all.

Transition Sherwood Gardens

Web: transitionsherwood.weebly.com/index.html



Community Food Garden

Sherwood Community Centre, Woodthorpe House, Mansfield Rd, Sherwood, Nottingham, NG5 3FN. Tel Tel: 0798 4480 281.

The 'food garden' developed on a small piece of land behind the community centre emphasizes growing food, with a mix of shared areas and individual mini-plots, and aims to keep the overall feel and look of a garden rather than allotments. Work on the garden started in 2009. Gardeners are local people and groups, and we link up with Sherwood Community Association events.

Edingley Square Community Garden

Between 11-12 Edingley Square Sherwood Nottingham NG5 3DU

Tel: 07905373854 email: holmesnicola@rocketmail.com

Transition Sherwood, with support from Neighbourhood Services and Nottingham City Homes, has helped local residents turn a patch of waste ground into a productive and attractive garden. Over the last two years an overgrown piece of land now has communal areas with fruit trees and soft fruit as well as individual small plots for gardeners to grow produce.

The garden is full of wildflowers and bees in the summer with flocks of sparrows in the hedges and frogs in the pond. The garden was awarded a Level 4 Award from Nottingham in Bloom in 2015 which was quite an achievement for the first year of growing.

There are now 11 small plots which are all in use, extra help is always welcome on the working party days, tending the communal spaces on the 2nd Sunday of the month 11am-1pm

Windmill Community Gardens

Ascot Road, Aspley Lane, Bobbersmill, Nottingham, NG8 5HD.

Tel: 07816899978 email: wcnottingham@virginmedia.com

Web: windmillcommunitygardens.blogspot.com



Aims to get the community growing and eating in a sustainable and healthy way, with volunteer, group and school sessions throughout the year. Volunteer days every Monday and Thursday and some Saturdays. Otherwise open by arrangement. Open days and events open to all. Focus on adapting growing to climate change, health, re-use and recycling. Outdoor cooking facilities, meeting space in summer.

