

## Growing Care Farming Regional Network News Yorkshire & Humberside, January 2020

### Welcome

As we are not quite through January yet I feel it's not too late to wish you all a very happy new year! Anyone in farming knows that there is no such thing as a holiday when you have animals to feed and take care of, but regardless of what you were doing we hope your festive season was warm and full of joy and that you had some time to relax.

As well as building on the momentum that has gathered in Yorkshire and Humberside, now that we are into 2020 we are starting to think ahead to the next two geographical areas in which we will be rolling out our regional engagement work. It is probable that as these new regions come 'online' we will revert to producing one monthly 'Northern' newsletter, which will highlight specific news and opportunities for each region within it. This will avoid duplication and will enable our Regional Support Officer to maximise the time spent engaging with care farmers and commissioners across all three regions. We will of course keep you informed of any changes.

January is a time for new starts and new opportunities, so why not check out our upcoming events and training courses which are taking place in various locations across the region? We are always open to feedback and suggestions for further events and activities you would like to see happening in the region. Just drop us an email at [rso@farmgarden.org.uk](mailto:rso@farmgarden.org.uk).

Best wishes,

The GCF team

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# Upcoming Training and Event Dates

## Funding Information Session - Book today!

Back in October 2019 at the Yorkshire & Humber care farming network meeting it was highlighted that a number of care farmers or prospective care farmers would be interested in a themed meeting to cover funding. This interest was also echoed at the Going Live event in November, where a number of the tables fed back from the workshops a desire to find out more about a variety of different types of funding - both for places and for wider care farm development and investment.

If this interests you why not register to attend our free **Funding Information Session on Tuesday 11th February 2020**? The session will take place at Heeley City Farm in Sheffield and full details can be found by following the link below. Places are limited, so book today to avoid disappointment.

Read more - [Book your place here](#)

## Care Farming Awareness Day

As a response to feedback from both prospective care farmers and commissioners, the GCF team will be hosting a **Care Farming Awareness Day on Wednesday 11th March 2020** at Rural Arts in Thirsk.

The event is specifically aimed at those looking to *refer to or commission care farming services* and also those who are *interested in delivering care farming services* themselves in the future. The morning, which is open to both commissioners and prospective care farmers, will showcase a number of local care farms and their services; demonstrating good practice, measuring outcomes and providing further information on the Code of Practice. The afternoon session, which will be aimed at the prospectives care farmers only, will be more 'hands on' and will address some of the key questions and concerns about how to go about setting up a care farm, including health and safety, insurance, safeguarding, etc. To find out more and to book your place at this event follow the link below.

Read more - [Book your place here](#)

## Care Farming Face-to-Face Training courses - delivered by Thrive

The courses we have been developing in partnership with Thrive are now ready to be piloted. These courses are designed to give prospective, or existing care farmers who wish to diversify and support a new client group, an opportunity to attend hands on training tailored to working with service users with a particular defined need. For detailed information about what each event will cover please click on the booking links below.

Due to the fact that this first round of courses will be piloted with the learners we are able to offer GCF contacts places on the courses for free over this period. Please note - In future these courses will become charged for at a discounted rate. All four courses are being run at Meanwood Valley Urban Farm, Leeds.

Care Farming for Mental Health - **Monday 17th February**; [Book your place here](#)

Care Farming for Learning Disability and Autism Spectrum Disorders - **Tuesday 18th February**; [Book your place here](#)

Care Farming: Developing Alternative Provision - **Wednesday 26th February**; [Book your place here](#)

Nurturing Young People with anxiety and depression through Care Farming - **Thursday 27th February**; [Book your place here](#)

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## Regional & Other News

### Nominations for the Social Farms and Gardens Awards now open - Get nominating!

As part of the celebrations for Social Farms and Gardens 40th anniversary year we have opened nominations for series of anniversary awards. The awards recognise the wonderful work of organisations UK wide. Nominations are open to any group that is improving the health and wellbeing of individuals, communities and the environment through nature-based activities. You do not have to be a member to nominate or be nominated! Award categories will include;

- School farm
- Best response to Climate Change
- Making a difference to life
- Best innovative project
- Best use of social media
- Best youth involvement.

The winners will receive their awards at a special event at the House of Lords in May. Do help us to celebrate the work of others by nominating a worthy organisation in January.

Read more - [Nominate here](#)

### Snapshot of the care farming sector - Learning from regional engagement

The RSO has recently written a report which collates learning from consultation and engagement in the region since they were appointed in September 2019. It incorporates information and learning gathered by the RSO and several Care Farm Facilitators from a variety of meetings, phone calls, emails and events, including the November Going Live event at Askham Bryan.

The purpose of the report is four fold;

- To present a snapshot of the care farming sector in Yorkshire & Humber at this time
- To highlight what care farmers, commissioners and other interested parties feel is working well
- To summarise barriers to growth/success
- To collate ideas and opportunities for how we can remove barriers and work together to grow the sector in Yorkshire & Humberside.

This report has been uploaded onto our website and is available via the link below should you wish to read it.

Read more - [Link to report](#)

### Feedback from Building Wellbeing Event (November 2019)

In November we highlighted that a member of the GCF team would be Chris Blythe, Director of Social Farms & Gardens was one of the speakers at the 'Building Wellbeing - A Cultural Prescription' event in York In November. Chris, along with Dr Michelle Howarth from Salford University, presented a compelling case for the green care sector and the huge contribution that green care and nature based activities are making to the health and wellbeing of the population across the country. Although the event was mainly

focused on wellbeing projects led by museums and arts organisations, there were a number of interesting speakers from both commissioning and social prescribing roles who spoke about the different approaches being trialed to commission on a smaller scale. This is in order to give greater opportunities for smaller charities or organisations the opportunity to secure small amounts of funding to deliver services, often known as 'micro commissioning'. Bassetlaw are one area that has successfully piloted this approach.

The event also highlighted how important it is for these smaller organisations offering services to get onto the radar of the social prescribing teams and commissioners in their area. Social prescribing staff can often have different job titles, such as 'Link Worker', 'Navigator', 'Community Connector', so why not do some research and make contact with your local teams? Although they may not have the budget to pay for referrals they may be aware of local authority of charity grant funding which could support a referral or the general work you do.

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## Funding and Tender Opportunities

### Greggs Foundation - Local Community Projects Fund

Local Community Projects Funding is offered to organisations supporting people in need. Any not for profit organisation can apply, however, larger organisations with a turnover in excess of £300,000 will be unsuccessful. Maximum grants are £2000.

Greggs are interested in projects that improve resilience within your community. This can include sessional activities/respite support, equipment for sessional activities, trips and residential breaks. They are also interested in new approaches and innovative ideas as well as sustainable approaches to supporting your community. They do not fund running costs or continuation of existing and ongoing work.

All projects must support a community of interest, i.e. people who are:

- Disabled or suffering chronic illness
- Living in poverty
- Voluntary carers
- Homeless people
- Isolated older people
- Other demonstrable significant need

Round 1 is now open and closes on the 23rd of February 2020. Decisions for Round 1 will be announced on the 5th May 2020.

**Read more & apply - [Greggs - Local Community Projects Fund](#)**

### YOR4Good (East Riding of Yorkshire only) - local economic regeneration projects

YOR4Good provides grants of up to £10,000 to community groups to support local economic regeneration projects. YOR4Good accepts applications from groups located within the area covered by YORhub's frameworks. Applications must be sponsored by users of the frameworks or contractors appointed to them, and their projects must contribute to one or more of YORhub key themes;

Employment and Skills

- Potentially enhances the opportunity for people to gain employment through the activities they will be undertaking

- Provides an environment for people to learn new skills, promoting education, health and wellbeing

#### Sustainability

- Enhances the longevity of the organisation by increasing the opportunity for membership and/or reducing operational costs

- Reduces the organisation's impact on the environment

- Contributes to or enhances the environment in the community

#### Economic regeneration

- Revitalises a community asset

All applications are to be made through the East Riding of Yorkshire Council's grant application portal, [Flexigrant](#). Just register to apply for and submit your YOR4Good application. If you're unable to apply for or submit an electronic YOR4Good application, please contact Stan Brown, YOR4Good Co-ordinator on 01482 395662. Applications are invited up to two times per year. The current round of funding is open from December 2019 to March 2020.

**Read more -** [YOR4Good Guidance Notes](#)

## Day Trippers Foundation - Day Trippers Fund

The Day Trippers Foundation provide grants for recreational and educational day trips for groups of children and young people aged 5-25 who have disabilities and life-limiting conditions in the UK.

Applications can be made for grants towards a trip occurring on a single day. For example, this could be a day out to a care farm. Applications are welcomed from no-profit organisations. Each application will be considered on its own merit, and decisions are made on a first come first served basis until funds for that financial year are expended. On occasions where we are not be able to award you the full amount requested, we will consider making a contribution. Up to £30 per child could be awarded. For more information (Key points and eligibility criteria) follow the link below.

**Read more -** [Day Trip Fund](#)

## Woodward Charitable Trust - Funding towards core costs only (very unusual)

The Woodward Charitable Trust is a grant-making trust. The Trust primarily funds charitable organisations in the UK. Woodward favours charities which make good use of volunteers and encourage past and current users to participate. As the Trust's resources are modest, the trustees prefer to fund small to medium-sized charities with an income of less than £300,000 where small grants can have more impact. They fund **core costs only** as they recognise that smaller charities can find these hard to fund. This will hopefully mean that any grant given will have a more direct impact on the organisation concerned.

The Trust's grant-making focuses on the following areas:

- Arts outreach work by local groups involving disadvantaged people;
- Children and young people who are isolated, at risk of exclusion or involved in anti-social behaviour and in particular organisations that work to discourage individuals getting involved in gangs or violent behaviour;

- Disability projects, which can include rehabilitation and training for people who are either physically or learning disabled as well as charities supporting mental health issues, particularly where it relates to our other priority areas;
- Disadvantaged women and their children, covering refuges and domestic violence shelters and groups;
- Disadvantaged families including parenting support;
- Prisoners and ex-offenders and specifically projects that help the rehabilitation and resettlement of prisoners and/or ex-offenders as well as requests to help prisoners' families;
- Projects that promote integration and community cohesion particularly amongst minority groups, refugees and traveller communities.

Read more - [How to apply](#)

## **Naturesave Trust - Grant funding for environmental projects**

The Trust obtains 100% of its funding from the premiums generated by Naturesave Insurance. The Trust focuses primarily on grant funding for environmental projects, but also funds environmental consultations for SME's and a long running tree planting program. The Naturesave Trust will consider applications for specific projects from Charities, Companies or Organisations whose activities are based within the UK.

Projects are chosen by the Trust on an individual basis according to how well they fit with the Trust's funding guidelines, criteria and objectives. The Trust supports projects that cover the following areas;

- Renewable Energy
- Nature Conservation
- Sustainable Communities
- Recycling and Repair
- Science and Education
- Community Energy 'start-up'

There are no deadlines for applications, and no limits on the number of applications you can make. The Trustees aim to make a decision on application within six to eight weeks of receipt of a completed application form. Please read the guidelines carefully - it's worth noting that they do not fund staff time though.

Read more - [How to apply & funding guidelines](#)

## **NFU Mutual Charitable Trust**

The Trust provides one off donations and grants to charitable initiatives connected with agriculture, the countryside and the insurance industry. The Trust focuses on providing funding to larger initiatives, which would have a significant impact on the rural community. The Trustees are particularly interested in initiatives in the areas of education of young people in rural areas and relief of poverty within rural areas. Applications for the June meeting must be submitted by 29th May 2020 and for the November meeting they must be submitted by 30th October 2020.

Read more - [How to apply](#)

## **Sources of Free Trees (for delivery November 2020) - Woodland Trust and Bettys Free Tree Schemes for non profit organisations**

## Woodland Trust

The Woodland Trust are keen to continue their annual free tree scheme to help make sure everybody in the UK has the chance to plant a tree. Although you are too late to get trees to plant this winter they are now taking applications for delivery in November 2020. Their [FAQ's](#) suggest that outdoor learning centres are eligible to apply. The main requirement is that you are not for profit and are willing to take on the planning, planting and after care.

Read more - [Woodland Trust Free trees for schools and communities](#)

## Bettys Trees for Life Fund (Yorkshire only) - improving local green spaces and wildlife habitats

The Bettys Trees for Life fund has been developed as part of Bettys centenary year activities in 2019 to celebrate Bettys long term passion for trees, to enhance the local environment and improve access to and education about the natural world and green spaces around us. The fund aims to support groups working to improve local green spaces and wildlife habitats through tree planting project, improved access to woodland and environmental management and education projects. The link between accessible green space and wellbeing is well documented and we are also interested in projects that aim to use environmental activity to promote good physical and mental health.

This fund is available to applicants across the whole of Yorkshire. Grants are available of between £500 and £4000. Please read their full [Guidance notes](#) before making an application to check you are eligible. the next deadline is 8th June 2020.

Read more - [How to apply](#)

## Tesco Bags of Help - Grants Programme Opens for 2020 Applications

Community groups and schools can now apply for funding of up to £2000 for projects in England, Wales and Scotland that benefit their local community. The funding has been made available by the Tesco's Bags of Help programme which is administered by Groundwork and can cover a broad range of projects and can be used: to purchase sports kit, litter pickers, camping equipment; improvements to buildings; the development of outdoor space such as a play area or woodland; running a community event or supporting seasonal activities. Applications are assessed by Groundwork to ensure they are eligible.

In areas where application numbers are high, Tesco colleagues will shortlist the projects to determine which go forward to the customer vote. Three community projects in each local area will be voted on by customers in Tesco stores, with projects changing every three months. Following the vote, the project that received the most votes in its area will receive a grant of up to £2,000, second place receiving up to £1,000 and third place up to £500. The type of organisations that can apply include:

- Voluntary or community organisations (including registered charities/companies),
- Schools•Health bodies (e.g. Clinical Commissioning Groups (CCGs, NHS Hospital Trust, Foundation Trust),
- Parish/Town Councils,
- Local authorities
- Social housing providers

Read more - [Apply here](#)

## Funding for Projects Supporting Young People



Grants of up to £5,000 are available to registered charities in England and Wales working with young people aged 0-25. The funding is available for projects that lead to employment, accreditation, further education, training and integration. The funding is being made available through the Joanies Fund and is administered by Herefordshire Community Foundation. Applicants should offer innovation and an entrepreneurial approach, and strong evidence of consultation with young people in developing the organisation's service. The funding is available for running costs, both project and core costs, and capital costs. The next closing date for applications is the 28th February 2020. Their average grant is £35,000, but please read the detailed guidance before applying to ensure you are eligible.

**Read More -** [Apply here](#)

## **Funding for Rural Business Start Ups**

A share of £5,000 of funding is available for UK citizens over the age of 18 who are starting a new business in a rural area. To be eligible individuals must be able to demonstrate how the business will support rural communities, the countryside or rural sustainability.

The Rural Start-up Fund has been made available by a partnership between Forest Holidays and The Prince's Countryside Fund and the available funding will be awarded to one winning business or shared between a number of rural start-ups. Successful applicants will also receive mentoring support from a relevant expert at Forest Holidays. The closing date for applications is the 12 pm on the 6th March 2020. Eligibility criteria is available [here](#).

**Read more -** [Application pack](#)

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## **Useful Resources**

### **Free access to fund finding packages/software & support**

It may be worth investigating whether your local Community and Voluntary Sector (CVS) support organisation provides free training or access to fund-finding software and packages. Each area is different, but most act as a hub for learning and part of their remit is to help increase capacity and encourage growth of the CVS sector. Depending on the status of your care farm (i.e. charity, Community Interest Company, Charitable Incorporated Organisation, etc) you may be eligible for advice, training and access to funding opportunities without having to pay a subscription.

Here are a selection of the organisations active in the region (this is not an exhaustive list). Why not check out their websites and get yourself on their mailing lists?

- [Community First Yorkshire \(North Yorkshire\)](#)
- [Hull CVS](#)
- [York CVS](#)
- [Community Matters Yorkshire \(Leeds & Doncaster\)](#)

### **Dementia Adventure - Promotional film**

This is just a lovely film which we wanted you to see. Growing Care Farming is pleased to have been part of a project called Dementia Adventure from the beginning. The team made suggestions of 9 care farms across the country to be part of this project and two of those were in Yorkshire and Humber; The Camphill Village Trust farm at Botton and Hall Farm Eastoft. Funding from the National Lottery Community Fund provided access to a training course for care farmers and a support package about dementia in order to enable more care farmers to have the skills and knowledge to engage effectively



with people living with dementia on their farms. Some of the team also benefited from attending the 'Thinking Differently about Dementia' course which was very engaging and useful.

See more - [Watch the film here](#)

## How charities can influence commissioning? - Useful blog post

In 2016, Lloyds Bank Foundation for England and Wales found that small and local charities were being unfairly overlooked for funding by commissioners in favour of larger charities. Former commissioner and now third sector consultant Fiona Sheil writes what charities can do to make commissioning work for them. Read her blog below.

Read more - [How can charities influence commissioning?](#)

## Huge range of free resources of the Social Farms & Gardens website

Are you looking for resources to help support a new venture or activity? Don't forget that the SF&G website has a resources section which is free to access. Follow the link below and pop in a keyword to search.

Read more - [SF&G website resources section](#)



Find out more or keep in touch with the Growing Care Farming team -  
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