

Growing Care Farming Regional Network News - Yorkshire & Humberside, November 2019

Welcome

Hello everyone,

November has been a very busy month for the Growing Care Farming Team. We are starting to gain some momentum in the Yorkshire & Humber region as a result of the appointment of our Regional Support Officer in September. Sarah is working closely with the rest of the team and local Care Farming Facilitators to plan activities and events in the region, and also attend meetings on a regular basis to represent the sector and raise the profile of care farming. We have secured a slot at the City of York Health and Wellbeing Board meeting next week to speak to members about the great local care farms, encourage greater engagement from the health sector representatives in the project, and ultimately increase the number of referrals to local care farms.

We have also had some great interest from the local media this month - more about that later!

We hope you enjoy this newsletter, but as always, we are open to suggestions for articles and feedback as we want to make our communications with you as relevant as possible. Please email rso@farmgarden.org.uk with any suggestions or content for future newsletters.

Best wishes,

The GCF Team

Regional News

Going Live event a great success



Our Growing Care Farming 'Going Live' regional event took place at Askham Bryan College in York on Tuesday 26th November.

The afternoon was really worthwhile, with around 45 representatives from a wide range of backgrounds (farming, horticulture, health, social care, education, media and the voluntary and community sector) learning more about the Growing Care Farming project, what opportunities there are to engage in this region and hearing more from local care farmers and other interested individuals as to why care farming is so relevant to them.

Delegates had the opportunity to network informally, and also worked in smaller groups on some of the important questions surrounding how we develop and grow the care farming sector in Yorkshire & Humberside. Representatives were also asked to vote on key opportunities identified on the day to help prioritise our support moving forward.

There was a real energy in the room, and we would like to thank each and every person who attended and helped make the event so worthwhile.

Once all the ideas and discussions from yesterday are collated we will circulate these to all Yorkshire & Humberside network members.

Positive Press Coverage for Care Farming

We have managed to secure some great press coverage in the run up to the Going Live event from both BBC Radio York and BBC Radio Humberside, including some live interviews from Densholme Care Farm and Beetle Bank Social Farm. To listen follow the links below;

BBC Radio York Georgey Spanswick show -
<https://www.bbc.co.uk/sounds/play/p07scn89>

- 2:06:51 to 2:09:21 Interview with Justin Mazzotta from Beetle Bank Social Farm
- 2:09:22 to 2:17:20 Interview with Sarah Marrison covering the history of care farming, the project, who it benefits and how to get involved.

BBC Radio Humber James Piekos show -

<https://www.bbc.co.uk/programmes/p07t1mnf#play>

- 1:24:10 to 1:28:10 Features Denys from Densholme Farm
- 2:22:22 to 2:29:00 features Denys from Densholme farm, plus short interview with Sarah Marrison

Local Care Farmer wins prestigious award



We are pleased to announce that Claire Moore was recently nominated for, and won, a British Farming Award. Claire was nominated in the 'Farm Worker of the Year' category and won the Silver award at a glamorous awards ceremony hosted by Vernon Kay at the National Conference Centre in Birmingham. More than 700 farmers and industry professionals attended the event, which celebrated the innovation and achievements of British farmers across the agricultural industry.

After a break from the industry following the dispersal of her family farm, Claire is now the agricultural lead across High Farm Social Care Farm, Botton run by the Camphill Village Trust. Spanning four farms and residential houses which offer supporting living for adults with learning disabilities, Claire oversees 300 acres of the farmland working with a suckler herd, pigs and turkeys. The bio-dynamic care farm specialises in utilising the land and animals as a way to support adults to gain work experience and therapy from working in a supportive environment, and Claire is responsible for helping to facilitate this delivery.

"I teach adults how to care for and look after livestock ensuring the highest safety and welfare for both the staff and livestock," says Claire, who has a background in social care. "I love my job and I pride myself in all that I do, making changes when needed to make sure the farms run efficiently utilising the grazing to maximise productivity."

Congratulations Claire from the GCF team!

Read more - [All British Farming Award winners](#)

Building wellbeing - A cultural prescription

Staff from Social Farms and Gardens and the Growing Care Farming project will be representing the sector on Thursday 28th November at a conference in York. 'Building Wellbeing - A Cultural Prescription' is designed to be both a celebration event and to highlight the range of work that museums are delivering and an opportunity to develop partnerships with key stakeholders. The day will involve a mix of updates and discussions which include practical examples of how culture contributes to wellbeing, why commissioners fund and where to go for funding, an understanding of the key people and agencies to connect with, a focus on green and blue prescriptions and social prescribing and creative health agendas more generally.

We hope to gain some insights which will help us promote the care farming sector further and will provide you with an update on any interesting learning and opportunities in the December/January bulletins.

Funding and Tender Opportunities

The CLA Charitable Trust

Grants for organisations in England and Wales to provide facilities for the disabled to take part in country sports and recreation, and training in agriculture and horticulture. It also promotes education in the countryside for disadvantaged children and young people.

To be eligible for funding, you must be either a registered charity or community interest company. Your organisation or project must fit within one or more of the three aims of the Trust and will be assessed against these by the Trustees.

The Trustees prioritise funding to smaller charities or projects where their contribution can make a significant difference.

Funding will not be given to organisations who:

- Are applying for staff costs, sensory gardens or community allotments;
- Are state funded schools or other institutions;
- Have substantial financial resources;
- Have received a grant from the Charitable Trust in the past three years.

Projects which are based on horticultural activities must be able to demonstrate that they provide training which leads to a recognised, accredited qualification for the participants.

Apply here - [CLA Charitable Trust](#)

Pocket Parks

Thousands of people are set to benefit from new pocket parks or the revival of rundown green spaces as Communities Secretary Robert Jenrick launched a £1.35 million fund on 27 October 2019. Mr Jenrick opened bidding for the pocket parks programme, which helps support communities to transform unloved, neglected or derelict urban spaces into new green spaces. Community groups can now bid for new parks or reimagined spaces that will be used for everything from children's play areas, to vegetable patches and community events, benefiting the mental and physical health of people who use them.

Deadline: 5:00pm on 31 December 2019

Read more - [Pocket Parks Prospectus](#)

Garfield Weston Foundation

Grants are available to charitable organisations in the UK for a wide range of projects in the areas of welfare, youth, community, arts, faith, environment, education, health and museums and heritage.

Apply here - [Garfield Weston Foundation](#)

The Yapp Charitable Trust

Small grants to support the running costs of very small charities in England & Wales working with;

- Elderly people
- Children and young people aged 5-25
- People with physical impairments
- People with learning difficulties
- People with mental health challenges
- People trying to overcome life-limiting problems of a social, rather than a medical, origin (such as addiction, relationship difficulties, abuse, offending, etc)
- Education and learning (with a particular interest in people who are educationally disadvantaged, whether adults or children).

Apply here - [The Yapp Charitable Trust](#)

The Postcode Community Trust announces Funding Round dates for 2020

The Postcode Community Trust focuses on initiatives that benefit communities through grass-roots sports, arts, recreation and wellbeing programmes which improve people's physical and mental health. Grants of £500 - £20,000 are available to registered charities. Grants of up to £2,000 are available to other not for profit organisations. There are two grant rounds per year and in 2020 Round 1, Stage 1 will be open between 21st January - 4th February 2020.

Apply here - [Postcode Community Trust](#)

BBC Children in Need - Small Grants Programme

Grants for not-for-profit organisations that are working with disadvantaged children and young people who are 18 years or younger living in the UK, the Isle of Man or the Channel Islands. Grants of up to £10,000 are available per year for up to three years (£30,000 total request). In terms of deadlines the next two are; 2nd December 2019 with decisions made at the end of March 2020, or 16th March 2020 with decisions at the end of May 2020.

Applicants must refer to the A-Z guidance document before making an application.

Apply here - [Children In Need Grants](#)

Useful Resources

New content added to the Growing Care Farming website

Although it is still in development, there are more and more useful resources being added to the Growing Care Farming website every day! We have recently added a short film, a narrated presentation, a number of new case studies, a downloadable leaflet and an overview of care farming. These resources are designed for those who are new to the concept of care farming but can also be useful to help demonstrate the benefits of care farming and the positive outcomes provided.

Once our online training resources are ready these will also be available here.

Visit the ['What is Care farming?' web page to access new resources.](#)

Community Mental Health Framework from NHS England

The Community Mental Health Framework describes how the long term plan's vision for a place-based community mental health model can be realised, and how community services should modernise to offer whole-person, whole-population health approaches, aligned with the new Primary Care Networks.

Read more - [NHS England Framework](#)

If this is of interest you may also be interested in this report from MIND, 'Transforming Mental Health in your Community - A Local Guide to delivering the NHS Long Term Plan' published in August 2019.

Read more - [MIND report](#)

Funded by



Find out more or keep in touch with the Growing Care Farming team -
email: carefarming@farmgarden.org.uk | Website: www.farmgarden.org.uk/gcf |
Twitter: [@GrowCareFarming](https://twitter.com/GrowCareFarming)