

Health and wellbeing benefits of care farming and green care: useful research

| Date | Author | Title |
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| 2020 | University of Bournemouth | <u>SUMMARY FINDINGS: the impact of DFM and TheHorseCourse on domestic violence and abuse in Dorset's Troubled Families</u> |
| 2020 | Rachael Fell-Chambers | <u>Care Farming, Learning and Young People: An exploration into the possible contribution of care farming to young people's engagement with learning.</u> |
| 2020 | Barnhart et al | <u>Animal assisted interventions on therapy farms for those with autism.</u> |
| 2020 | Joanne Cacciatore, Richard Gorman, Kara Thieleman | <u>Evaluating care farming as a means to care for those in trauma and grief</u> |
| 2020 | Simone de Bruin et al | <u>Care Farming for People with Dementia; What Can Healthcare Leaders Learn from This Innovative Care Concept?</u> |
| 2019 | Murray et al | <u>The impact of care farms on quality of life, depression and anxiety among different population groups: A systematic review</u> |
| 2019 | Richard Gorman | <u>Thinking critically about health and human-animal relations: Therapeutic affect within spaces of care farming</u> |
| 2019 | Roberta Moruzzo et al | <u>Social Farming: An Inclusive Environment Conducive to Participant Personal Growth</u> |
| 2019 | Sachiko Yamazaki et al | <u>Long-term effects of rice-farming care on cognitive function and mental health of elderly people with cognitive impairment: a follow-up study</u> |
| 2019 | Norwood et al | <u>Assessing emotional and social health using photographs: An innovative research method for rural studies and its applicability in a care-farming program for youth</u> |
| 2019 | Alexandra Kaley, Chris Hatton and Christine Milligan | <u>Therapeutic spaces of care farming: Transformative or ameliorating?</u> |
| 2018 | Alexandra Kaley | <u>Green care in agriculture: a visual ethnographic study exploring the therapeutic landscape experiences of people with intellectual disabilities engaged in care farming activities</u> |
| 2018 | Tanja Ibsen, Siren Eriksen, and | <u>Farm-based day care in Norway – a complementary service for people with dementia</u> |

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| | Grete Grindal Patil | |
| 2018 | Marina García-Llorente, Radha Rubio-Oliver and Inés Gutierrez-Briceño | <u>Farming for Life Quality and Sustainability: A Literature Review of Green Care Research Trends in Europe</u> |
| 2017 | Suzanne Rotheram, Sarah McGarrol and Francine Watkins | <u>Care farms as a space of wellbeing for people with a learning disability in the United Kingdom</u> |
| 2017 | Richard Gorman and Joanne Cacciatore | <u>Cultivating our humanity: A systematic review of care farming & traumatic grief</u> |
| 2017 | Clynfyw Care Farm | <u>Feasibility Study into Natural Health Services in West Wales</u> |
| 2017 | Brianna Artz and Doris Bitler Davis | <u>Green Care: A Review of the Benefits and Potential of Animal-Assisted Care Farming Globally and in Rural America</u> |
| 2017 | de Bruin et al | <u>Rethinking Dementia Care: The Value of Green Care Farming</u> |
| 2017 | Richard Gorman | <u>Smelling therapeutic landscapes: Embodied encounters within spaces of care farming</u> |
| 2017 | Robin Asquith | <u>The role UK agriculture can play in delivering social care</u> |
| 2017 | Sarah Hambridge | <u>What does it mean to young people to be part of a care farm? An evaluation of a care farm intervention for young people with behavioural, emotional and social difficulties.</u> |
| 2016 | Elsy, Murray and Bragg | <u>Green fingers and clear minds: prescribing 'care farming' for mental illness</u> |
| 2016 | Pederson et al | <u>Mental health rehabilitation in a care farm context: A descriptive review of Norwegian intervention studies</u> |
| 2016 | Richard Gorman | <u>Therapeutic landscapes and non-human animals: the roles and contested positions of animals within care farming assemblages</u> |
| 2016 | Bragg and Atkins | <u>A review of nature-based interventions for mental health care</u> |
| 2016 | Helen Elsey et al | <u>Understanding the impacts of care farms on health and well-being of disadvantaged populations: a protocol of the Evaluating Community Orders (ECO) pilot study</u> |
| 2015 | Alexandra Kaley | <u>Green Care in Agriculture: Interim Report A visual ethnographic study exploring the wellbeing effects of care farming for adults with intellectual disabilities</u> |

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| 2015 | Ione Maria Rojas | <u>Elders' Care and Animals: Developing a Sustainable Model for Change</u> |
| 2015 | Bruin et al | <u>Green Care Farms: An Innovative Type of Adult Day Service to Stimulate Social Participation of People With Dementia</u> |
| 2014 | Rachel Bragg | <u>Nature-based interventions for mental wellbeing and sustainable behaviour: the potential for green care in the UK</u> |
| 2013 | Chris Leck | <u>The Impact of Care Farming in the UK</u> |
| 2012 | Bruin et al | <u>Comparing day care at green care farms and at regular day care facilities with regard to their effects on functional performance of community-dwelling older people with dementia</u> |
| 2012 | Marjolein Elings | <u>Effects of care farms: Scientific research on the benefits of care farms for clients</u> |
| 2012 | Chris Leck | <u>Social Return on Investment (SROI) Evaluation Report, April 2012 of The Houghton Project</u> |
| 2011 | Bente Berget and Bjarne O. Braastad | <u>Animal-assisted therapy with farm animals for persons with psychiatric disorders</u> |
| 2011 | Chris Leck | <u>Forecast of Social Return on Investment of Nineveh Ridge activities</u> |
| 2010 | Bente Berget and Bjarne O. Braastad | <u>Animal-assisted therapy with farm animals for persons with psychiatric disorders</u> |
| 2010 | Bruin et al | <u>The concept of green care farms for older people with dementia: An integrative framework</u> |
| 2009 | Hassink et al | <u>Care farms: Attractive empowerment-oriented and strengths-based practices in the community</u> |
| 2008 | Rachel Hine, Jo Peacock and Jules Pretty | <u>Care farming in the UK: Evidence and Opportunities</u> |
| 2008 | Elings and Hassink | <u>Green Care Farms, A Safe Community Between Illness or Addiction and the Wider Society</u> |
| 2008 | Therapeutic Communities | International Journal of Therapeutic Communities: 'Green Care' edition Papers: Seeking Nature: A Contemporary Therapeutic Environment. Ambra Pedretti Burls Care Farming in the UK: Contexts, Benefits and Links with Therapeutic Communities. Rachel Hine, Jo Peacock and Jules Pretty Lothlorien Community: A Holistic Approach to Recovery from Mental Health Problems. Brendan Hickey Group Gardening in Mental Outpatient Care. Erja Rappe, |

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| | | <p>Taina Koivunen and Elli Korpela Companion Animals and Offender Rehabilitation – Experiences from a Prison Therapeutic Community in Scotland. Elizabeth Ormerod</p> <p>Behavioural Effects of Goats on Disabled Persons. Silke Scholl, Gerlinde Grall, Verena Petzl, Marlene Röthler, Leopold Slotta-Bachmayr and Kurt Kotrschal</p> <p>Green Care Farms, A Safe Community Between Illness or Addiction and the Wider Society. Marjolein Elings and Jan Hassink</p> <p>Theoretical Framework for Animal-Assisted Interventions – Implications for Practice. Bente Berget and Bjarne Olai Braastad</p> |
| 2007 | Hine, Peacock and Pretty | <u>From Green exercise to Green Care: The National Care Farming Initiative (UK) and research into Care Farming in the UK.</u> |
| 2007 | Alan Spedding | RuSource Briefing 512: Care Farming research |
| 2005 | Chris Leck, Dominic Upton and Nick Evans | <u>Growing well-beings: The positive experience of care farms</u> |

More information

Find out more about [health and wellbeing benefits of care farming](#) on our website. This resource is produced by the Growing Care Farming team at Social Farms & Gardens.

Growing Care Farming aims to increase access to health, care and educational services on care farms. Growing Care Farming is part of the Government’s Children & Nature programme and is delivered by Social Farms & Gardens, in partnership with Thrive.

Visit www.farmgarden.org.uk/gcf for more details or follow our latest updates on Twitter [@GrowCareFarming](https://twitter.com/GrowCareFarming).

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