**Behaviour**

“Improved behaviour is also reported for a wide range of children and young people, particularly amongst those with emotional and behavioural difficulties. These improvements are observed both in the food growing area and within the classroom. Response to different teaching methods, improved diet, increased physical activity, a feeling of achievement, and consequently improved self-esteem, and the creation of a calm “refuge” through the garden are all reasons cited for these improvements.”

Food Growing In Schools Taskforce: Main Report March 2012 [Read the full report](http://www.gardenorganic.org.uk/organicgardening/food-growing-in-schools.php)

“Pupils’ behaviour is consistently excellent in lessons, around the building and in the play areas. Their very good manners and politeness, their willingness to provide a helping hand (even on Christmas day with the animals on the school farm) and their wonderfully sunny demeanours give the school a very distinctive atmosphere. “

Edwalton Primary School, Nottingham. Ofsted report